

# CLUBE DE NATAÇÃO E REGATAS ÁLVARES CABRAL

Aqui formamos campeões!

## VALORES MENSIS POR AULAS SEMANAIS

MATRICULA (TX INSCRIÇÃO)	2X (AULA)	3X (AULA)	4X(AULA)	5X (AULA)
SÓCIO R\$ 90,00	R\$ 150,00	R\$ 170,00	R\$ 180,00	R\$ 200,00
NÃO SÓCIO INFANTIL R\$ 120,00	R\$ 210,00	R\$ 220,00	R\$ 230,00	R\$ 260,00
NÃO SÓCIO ADULTO R\$ 120,00	R\$ 220,00	R\$ 240,00	R\$ 260,00	R\$ 320,00
TX CARTEIRINHA R\$ 20,00				



## INFORMAÇÕES

SECRETARIA TEL: 9 9833-2330

## HORÁRIOS E TURMAS NATAÇÃO INFANTIL, ADOLESCENTE E ADULTO

### MANHÃ

TURMAS - NATAÇÃO INFANTIL	2ª	3ª	4ª	5ª	6ª	PROFESSOR (A)
NIVEL 02	MANUTENÇÃO	08:00 AS 08:40	08:00 AS 08:40	08:00 AS 08:40	08:00 AS 08:40	RONILCE
NIVEL 01	MANUTENÇÃO	08:50 AS 09:20	08:50 AS 09:20	08:50 AS 09:20	08:50 AS 09:20	RONILCE/LORENA
ADAPTAÇÃO 05 A 06 ANOS	MANUTENÇÃO	09:30 AS 10:00	09:30 AS 10:00	09:30 AS 10:00	09:30 AS 10:00	RONILCE/LORENA
NIVEL 02	MANUTENÇÃO	10:10 AS 10:50	10:10 AS 10:50	10:10 AS 10:50	10:10 AS 10:50	RONILCE/LORENA
ADULTO	MANUTENÇÃO	06:00 AS 06:50	06:00 AS 06:50	06:00 AS 06:50	06:00 AS 06:50	ROGERIO
ADULTO	MANUTENÇÃO	07:00 AS 07:50	07:00 AS 07:50	07:00 AS 07:50	07:00 AS 07:50	ROGERIO/RONILCE
NIVEL 03	MANUTENÇÃO	08:00 AS 08:50	08:00 AS 08:50	08:00 AS 08:50	08:00 AS 08:50	ROGERIO
NIVEL 03	MANUTENÇÃO	09:00 AS 09:50	09:00 AS 09:50	09:00 AS 09:50	09:00 AS 09:50	
ADULTO	MANUTENÇÃO	10:00 AS 10:50	10:00 AS 10:50	10:00 AS 10:50	10:00 AS 10:50	

### TARDE

TURMAS - NATAÇÃO INFANTIL	2ª	3ª	4ª	5ª	6ª	PROFESSOR (A)
ADAPTAÇÃO 05 A 06 ANOS	16:00 AS 16:30	16:00 AS 16:30	16:00 AS 16:30	16:00 AS 16:30	16:00 AS 16:30	OZIMAR
NIVEL 01	16:30 AS 17:00	16:30 AS 17:00	16:30 AS 17:00	16:30 AS 17:00	16:30 AS 17:00	
NIVEL 01	17:00 AS 17:30	17:00 AS 17:30	17:00 AS 17:30	17:00 AS 17:30	17:00 AS 17:30	
ADOLESCENTE E ADULTO INICIANTE	18:00 AS 18:50	18:00 AS 18:50	18:00 AS 18:50	18:00 AS 18:50	18:00 AS 18:50	
ADOLESCENTE E ADULTO INICIANTE	19:00 AS 19:50	19:00 AS 19:50	19:00 AS 19:50	19:00 AS 19:50	19:00 AS 19:50	
NIVEL 02	16:00 AS 16:50	16:00 AS 16:50	16:00 AS 16:50	16:00 AS 16:50	16:00 AS 16:50	PAULISTA
NIVEL 03	17:00 AS 17:50	17:00 AS 17:50	17:00 AS 17:50	17:00 AS 17:50	17:00 AS 17:50	
ADULTO AVANÇADO	18:00 AS 18:50	18:00 AS 18:50	18:00 AS 18:50	18:00 AS 18:50	18:00 AS 18:50	
ADULTO AVANÇADO	19:00 AS 19:50	19:00 AS 19:50	19:00 AS 19:50	19:00 AS 19:50	19:00 AS 19:50	

## HIDROGINÁSTICA

3ª, 4ª E 5ª - 08:00 AS 08:50 - PROFESSORA LORENA

TX DE MATRICULA

MENSALIDADE

SÓCIO R\$ 90,00

R\$ 150,00

NÃO SÓCIO R\$120,00

R\$ 220,00



## TESTE DE NIVELAMENTO DA NATAÇÃO

### TESTE NIVELAMENTO DA PARTE DA MANHÃ

DE TERÇA A SEXTA FEIRA DAS 08:00 AS 10:00

### TESTE NIVELAMENTO DA PARTE DA TARDE/NOITE

DE SEGUNDA A SEXTA DAS 16:00 AS 18:00